



Life at Summer Camp

Meals

At meal time, campers gather at the dining hall. Grace is sung before every meal. In keeping with camp tradition, girls at each table are assigned a table job to help with the meal. The camp menu is approved by a dietician and prepared by certified food service staff.

Kapers

At Girl Scout camp, girls are active members of our camp community and are assigned daily chores (Kapers). Kapers include keeping their sleeping units neat, helping collect firewood, picking up trash in their camp unit, assisting with a flag ceremony and other age- and skill-appropriate chores.

Swimming

Each unit is scheduled to swim each day, weather permitting. To ensure safe swimming, each camper will be tested to determine her swimming ability during her first swim session of the week.

Trading Post

Campers will have the opportunity to shop at the Trading Post throughout the week. Campers can purchase T-shirts, souvenirs, snacks, and personal items. If your daughter brings money to camp, it will be deposited with the Camp Director during check-in on the first day of camp. The balance will be refunded on check-out day. Most parents send \$15-20 spending money for a week of camp.

Mail and Phone Calls

Camper mail is very important. Cheerful letters are encouraged and appreciated. Where and how to address your letters to campers will be included in your confirmation packet. Campers do not have access to phones. Experience has shown that calling home promotes homesickness. In the event of an emergency, the camp director will telephone the parent or the emergency contact listed on

the camper's registration form.

Equipment Needed

Camp is a casual place. Please don't send your camper with "new" or "good" clothes and shoes. Old comfortable shorts and short-sleeved t-shirts are normal everyday wear. (No halter or spaghetti strap tops.) Comfortable closed-toe shoes and socks that cover the ankle **MUST** be worn every day. No sandals or flip-flops.

Homesickness

The staff focuses on keeping the campers active and happy in order to avoid homesickness. Prepare your child by letting her stay overnight with friends several times before camp and assuring her that she will have a positive experience at camp. Keep letters to your camper light and positive. The camp director will call you if she feels that your daughter's problem needs parental intervention.

Weather Related Concerns

Our first concern is your child's safety. The Camp Director will always be advised by Emergency Management Systems of any severe weather conditions. We will alter horseback riding, swimming, and boating activities to accommodate weather-related conditions. Alternative programs will be used to replace any activities cancelled due to weather.

Expected Camp Behavior

All campers, as well as staff, are expected to be respectful and courteous to others. Campers exhibiting inappropriate behavior, including, but not limited to biting, hitting, use of inappropriate language, or creating an unsafe environment will be sent home immediately with no refund.

A Typical Day in the Life of a Summer Camper

7:30 a.m.	Wake up and dress	1:30 p.m.	Turtle Time (rest period)
8:30 a.m.	Breakfast and Flag Ceremony	3:00 p.m.	Third Activity
9:30 a.m.	Kapers	4:15 p.m.	Fourth Activity
10:00 a.m.	First Activity	6:00 p.m.	Dinner and Flag Ceremony
11:15 a.m.	Second Activity	7:00 p.m.	All-Camp Activities
12:30 p.m.	Lunch	9:00-10:30	Lights Out (depending on age)